



OR District 4

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Baseball & Softball

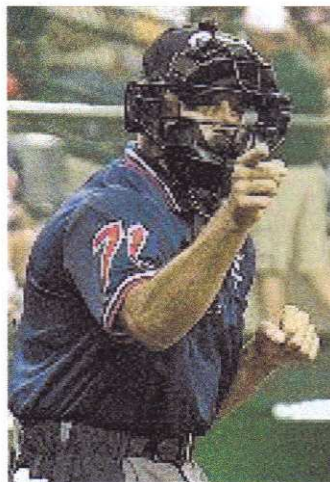


2009 UMPIRE TRAINING



Dates: Monday & Tuesday, March 30 & 31

Tigard Little League
Beaverton Area LL
SW Portland LL
Raleigh Hills LL
Sunset Park LL
Cedar Mill LL
Tualatin City LL



Wednesday & Thursday, April 1 & 2

Murrayhill LL
Lake Oswego LL
Wolf Creek LL
Forest Grove LL
Sun Creek LL
Hillsboro LL

Time: 6 pm to 9 pm

Level: Introductory umpire mechanics and rules

- "Basic Six" calls: Ball, Strike, Safe, Out, Foul, Time
- Angle & Distance: coverage at First Base
- Plate Mechanics: Setup, Seeing the Ball, Calls (Ball, Called Strike, Swinging Strike, Check Swing – Ball, Check Swing – Strike, Foul Tip, Check Swing Appeals)
- Pivot: How to Move Into Position to Take Runner from First to Second Base
- First-to-Third: Base Umpire/Plate Umpire Coverage of Bases
- Handling (and Avoiding) Conflict
- The Rules You Better Know

Place: Twality Middle School
14650 SW 97th Ave
Tigard, OR 97224

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